75%

of all professionals suffer from back problems

Do you work in a standing position or with your back bent?

If so, you are exposed to an elevated risk of developing back problems such as herniated disks. In accordance with a study conducted by the German health insurance DAK, it has shown that three quarter of all professionals suffer from severe back issues.

How can you protect yourself from such health issues?

In order to keep your back healthy, doctors and scientists recommend switching between sitting, standing and walking positions.







60% 30% standing

10 % walking

All key facts at a glance



Flexibility

Individual seat height adjustment



Prevention

Support of your posture while working in a sitting position



Speed

It takes less than 30 seconds to put on the device and even less time to take it of



Freedom of movement

Replaces disruptive chairs and/or standing supports



Individualization

The Chairless Chair® can be easily adjusted to various body types from 1.50 to 2.00 m and worn with different safety shoes



You want to know more? Watch our videos online.

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The Chairless Chair®

allows you to easily switch

between sitting, standing



The **Chairless Chair®** enables you to sit down while working in front of standing workplaces.

Most of your body weight will be supported by the **Chairless Chair®** and therefore most of the pressure will be taken off your back, disks and knees. At the same time your back and thigh muscles are being strengthen due to the active sitting posture.

This device does not only have a positive impact at work, but also on your private life. Who wants to deal with backpain? Stay fit and active at all times.



We won't become younger – let's become smarter!

Often little aches and pains are being ignored over the time of your professional life, or they are being addressed to late.

That's why prevention is key! Professionals must work longer today, and therefore its important to look after your health. Like this you are able to maintain quality of life beyond retirement.



Find out more about the Chairless Chair®

Naturally, it takes time to grow accustomed to a new device. Test the **Chairless Chair®** on your usual workstation and experience for yourself the advantages of continually switching between standing, sitting and walking.

Our recommendation: Wear the Chairless Chair® during a trial phase daily for 1–2 hours, ideally towards the end of your shift. Increase the wearing time on a daily basis. In the beginning wearing an exoskeleton is an unusual sensation, but after two week you will already feel the positive effects.